

Date	Teaching Topic
1-Feb	What is a nurse?
8-Feb	Handwashing (when, how do I need to wash my hands? How do I use hand gel?)
15-Feb	Staying Healthy during cold/flu season (i.e. How do I cough or sneeze at school? Reminder what is hand sanitizer?)
17-Feb	Teeth Brushing
22-Feb	Nutrition (i.e. eat veggies, avoid candy and juice!)
24-Feb	How to be a good friend
1-Mar	Safety in a Motor Vehical (i.e. stay buckled during carpool until the car is parked!)
3-Mar	Safety at Home (i.e. prevent burns, medication safety)
8-Mar	Who do I ask for help (if I am lost, hurt, 911, etc.). Tool to learn parents cell phone number
10-Mar	Safety at Pools
22-Mar	Stranger Danger
24-Mar	Importance of Hydration
29-Mar	Importance of Physical Activity
31-Mar	Importance of Bedtime, Bedtime Routines
5-Apr	Tips for Staying Calm
14-Apr	Why do we get Vaccines?
19-Apr	Electronic Usage
26-Apr	The Power of Good Manners